

## **PE statement of intent**

### **The Vine Schools 2024-2025**

#### **Intent**

At The Vine Schools, our Physical Education (PE) curriculum is designed to promote the physical, social, and emotional development of every child from the Early Years Foundation Stage (EYFS) through to Year 6. We are committed to fostering a love of physical activity, developing fundamental movement skills, and encouraging healthy lifestyles. Our intent is to create a supportive and engaging environment where every child can experience the joy of movement, learn the value of teamwork, and build the confidence to lead an active and healthy life.

#### **Implementation**

At The Vines, we implement a comprehensive approach to Physical Education (PE) and personal development by integrating a structured curriculum with support from professional sports coaches and external providers. This approach is designed to foster not only physical health but also social, emotional, and personal growth. By blending high-quality PE lessons with specialized coaching and extra-curricular sporting opportunities, we ensure that our pupils develop the physical skills, resilience, teamwork, and confidence needed to thrive both in and outside of the classroom.

##### - PE Curriculum and Sports Coaching Integration:

Our PE curriculum is delivered by a qualified sports coach who provides structured, high-quality lessons aligned with the National Curriculum standards. These lessons focus on developing key physical skills such as agility, balance, coordination, and endurance, while also emphasizing the importance of teamwork, fair play, and perseverance. The use of a professional coach ensures that lessons are tailored to different abilities, allowing all pupils to progress and engage meaningfully with physical activity.

To further enrich our PE provision, we collaborate with external sports providers who offer Sport Taster sessions. These sessions expose students to a range of sports and physical activities, encouraging them to explore new interests and develop diverse physical skills. By bringing in specialized coaches from external companies, students benefit from expert instruction in sports such as gymnastics, cricket, tennis, and dance, which not only enhances their skill set but also fosters a love for active lifestyles.

##### Overall Approach:

By implementing a PE curriculum supported by sports coaching and external taster sessions, The Vines ensures that students not only achieve physical fitness but also grow emotionally and socially. The combination of expert instruction and varied sporting experiences nurtures a well-rounded approach to personal development, equipping students with the skills and confidence to lead active, healthy lives and work collaboratively in teams.

This approach fosters a lifelong appreciation for physical activity while promoting key values such as respect, perseverance, and resilience, ensuring that our pupils are prepared to face challenges in sports, education, and everyday life.

#### **Impact**

Through our comprehensive approach to PE at The Vines, children leave school with a genuine love for sport and physical activity, both within and outside of the school environment, which they carry

with them into later life. The integration of structured PE lessons, led by qualified sports coaches, and sport taster sessions from external providers ensures that students not only develop strong physical skills but also gain a deep understanding of the importance of an active lifestyle. This passion for physical activity continues beyond KS2, with many pupils choosing to participate in sports for both enjoyment and competitive purposes.

Students who leave The Vines are equipped with the knowledge and ability to discuss the importance of a healthy lifestyle, understanding how to maintain physical fitness and well-being. More importantly, they carry with them essential life skills developed through PE, such as teamwork, sportsmanship, self-motivation, resilience, perseverance, and independence. The emphasis on collaboration during lessons strengthens their social skills, while the opportunity to face new sporting challenges fosters adaptability and builds emotional resilience.

The involvement of external sports providers has broadened pupils' exposure to a diverse range of physical activities, enhancing their confidence and encouraging them to explore new sports within school and in their communities. This experience nurtures a growth mindset, where students learn to embrace challenges, celebrate their achievements, and maintain a positive attitude toward both success and failure.

Overall, The Vines' approach to PE has a lasting impact on our students, shaping them into well-rounded individuals who not only value physical health but also possess the emotional resilience, self-discipline, and social awareness necessary for lifelong success.